

MASS TEXT

Sunday Year A
Weekday Cycle II
Divine Office: Vol. 1. Week III

Praise we now the Lord our God,
in silence we adore you.

OT Read: Isaiah 35:1-6a, 10

RP: 145

Come, Lord, and save us.

NT Read: James 5:7-10

GOSPEL ACCLAMATION:

Alleluia, alleluia!

The Spirit of the Lord is upon me;
he has sent me to proclaim good
news to the poor. **Alleluia!**

Gospel: Matthew 11:2-11

PREFACE: Advent I
EUCH. PRAYER: III

21st December 2025
4th Sunday of Advent (A)

OT Read: Isaiah 7:10-14

RP: 23

NT Read: Romans 1:1-7

Gospel: Matthew 1:18-24

WEEKLY COLLECTION

St. Teresa's: **£600.62**
Holy Trinity & St. Luke's: **£199.10**
*Thank you so much everyone
for your generosity.*

Baptisms can easily be arranged by
contacting Father directly

Weddings normally require six
months notice, please contact Father
before booking.

SICK & HOUSEBOUND. Your Clergy
are available to offer the sacraments of
healing (anointing), Reconciliation and
Holy Communion. If any parishioner re-
quires assistance or needs to talk, please
call on the Parish number.

A Joyful Sunday

"Be strong and do
not fear! Here is
your God."

Today is called Re-
joicing Sunday. To-
day the candle on the Advent Wreath is pink, not purple
as on the other three Sundays of Advent. It is meant to
express our joy at the nearness of Christ's birthday.
Some people seem to be happy by nature; others mourn-
ful by nature. Here is the story of a priest who always
preached mournful sermons. He was asked by his parish
priest to preach about St. Joseph instead, as he was a
cheerful man. The following Sunday the priest spoke
about Joseph who happened to be a carpenter and as a
result spent a lot of his time making coffins and here we
go again with sad, sad tales.

Here are three impressions about happiness. First, that
happiness is right here and now.. We convince ourselves
that life will be better when we get married, have a ba-
by, then another. Then we are frustrated that the kids are
not old enough and we will be more content when they
are. After that we are frustrated that we have teenagers
to deal with. We will certainly be happy when they are
out of that stage. We tell ourselves that our life will be
complete when our spouse gets his or her act together.
The truth is there is no better time to be happy than right
now.

Second, 'If you are happy, let your face know.' Maybe
we could begin to be more joyful by taking a peek in the
mirror and asking ourselves: does my face look like the
face of someone who has heard the good news of the
Gospel, namely that I am loved unconditionally by God?

Third, joy will come to us if we set about actively trying
to create it for others. If I go about my life demanding
that others carry me rather than seeking to carry them;
feeding off others rather than feeding them; demanding
that others meet my needs rather than trying to meet
theirs, joy will never find me no matter how hard I party
or try to crank up good cheer.

© www.acireland.ie

KEEP IN PRAYER the recently deceased members:

Joan White, Laurie Howell, John McKay, Tony Ade A. Egede,
Giovanna Toni, Patrick McGlone, Catherine Sweeney, Cath-
erine M. McCulloch, Catherine Lavery, RIP. We pray for them.

Happy Gaudete Sunday!



Third Sunday of Advent (A) - 14th December 2025



Parish Clergy

Fr Uchenna Odenigbo, CSSp
- Parish Priest / P. Chaplaincy
Fr Francis Dometiero, CSSp
- Asst. Parish Priest

Parish Office:

St Teresa's Presbytery,
Glasgow Street, Dumfries.
DG2 9DE.

Tel: 01387 252603.

Emails:

dumfries.stteresa@gallowaydiocese.org.uk

lockerbiemoffat@gallowaydiocese.org.uk



www.saintteresaschurch.co.uk

www.holytrinitysaintlukes.co.uk

Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

william.hiddleston@gallowaydiocese.org.uk

(Please only call Deacon Willie during office
hours unless an emergency)

A parish of the RC Diocese of Galloway.
Charity Number: SC 010576

Sunday Masses are Live Streamed
from St Teresa's Church, Dumfries.

Please follow the link on our website.



**A Family
Welcoming
Parish.**

*You are very welcome in our parish community, a special place where we gather frequently for
worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of
course, we love to welcome children, and we know that they don't always find that so easy – so relax!*

The Catholic Parishes of

St Teresa's, Dumfries,

Holy Trinity, Lockerbie with St Luke's, Moffat.

Served by **THE SPIRITANS** (Holy Ghost Congregation)

Newsletter

Year C - Cycle 1 - Eucharistic Prayer: III - Psalter: III

St. T (St Teresa's), St. A. (St Andrew's, Dumfries)

St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)

Saturday 13th December – St. Lucy, Virgin, Martyr

(2nd & 4th Sat. in St Andrew's)

10.00 am - **St A- Mass**

4.00 pm – **St. L. Holy Hour & Advent Reconciliation**

5.00 pm - **St. L. Vigil Mass** – Canon Peter Blake, RIP, Anni

Sunday 14th December - 3rd Sunday of Advent (A)

9.30 am - **HTL - Mass** - Noel Brady, RIP, BD Anni

11.30 am - **St. T.- Mass** – Susan McLaughlin, RIP. Anni

- Pauline Balanowski, RIP. 3rd Anni

Monday 15th December - Feria

10.00 am – **St. T. –Mass** - Catherine Lavery, RIP

7.00 pm - **HTL** - Advent Reconciliation Service

Tuesday 16th December - Feria

9.30 am – **HTL** - Reconciliation, Adoration & Bene.

10.00 am – **St. T. –Mass** - Elizabeth+Royan Smith, Wellbeing

Wednesday 17th December - Feria

9.30 am – **HTL** - Reconciliation, Adoration & Bene.

10.00 am – **HTL– Mass** - Alan Dunbar, RIP

10.00 am – **St. A. – Mass**

Thursday 18th December - Feria

10.00 am – **St. T.– Mass** - Patricia O'Neil, RIP

7.00 pm – St. T. - Advent Reconciliation Service

Friday 19th December - Feria

10.00 am – **St. A. – Mass**

7.00 pm - **St. T. - Youth Christmas Party**

Saturday 20th December - Feria

(1st, 3rd + 5th Sat. in St. Teresa's)

10.00 am - **St T. - Mass** - Young Couples/ Families, P. Int.

10.30 am - **St. T. - Reconciliation, Adoration & Bene.**

5.00 pm - **St. L. -Vigil Mass** - Tony Green, Well-being

Sunday 21st December - 4th Sunday of Advent (A)

9.30 am - **HTL - Mass** - John Furlonger, Well-being

11.30 am - **St. T.- Mass** – Barbara Wilkinson, RIP, Anni

5.00 pm - **St. T.– Mass. Youth (P6-S4), Talk. Games. Pizza**

*The sick and housebound would appreciate a copy of the bulletin,
if you can please pop one through their door. Thank you.*

ADVENT RECONCILIATION SERVICE and prayer before the Blessed Sacrament are taking place at St Luke's on Saturday 13th Dec. from 4– 5pm, and at Holy Trinity Lockerbie on Monday 15th December from 7– 8 pm. You are welcome.

CUPPA AT HOLY TRINITY. Please join us for a cuppa after morning Mass every Sunday in the Hall. All are welcome

GROW IN FAITH/ RCIA. The next evening, for all those interested in discussing and growing in their knowledge of the faith, and for those adults joining RCIA, will take place on **Tuesday, 16th December, from 6.15 pm in the parish hall, St Teresa's Dumfries.** All are welcome; we look forward to seeing you.

YOUTH EVENING (P6-S4) takes place on Sunday, 21st December. We'll be reflecting on the theme of 'Advent & Christmas' and how we can prepare to welcome Christ this Christmas. The selections of fun, games, and activities are all led by our Junior Leaders. We begin with Mass at 5.00 pm, and continue in the hall at 5.30 pm. You are welcome!

LEADERS NEEDED to support our growing monthly Youth Evenings run by the Diocesan Youth Office. **What's involved?** You would be assisting with safeguarding, supervision, and cooking pizza. **What won't you need to do?** You won't be asked to prepare or lead evenings; all of this is done by our S3 Junior Leaders in collaboration with the Youth Office. **All that we ask is two hours of your time each month to help keep these evenings running.** Could you help? Email youth@rcdg.org.uk for more details or to volunteer.

WILLS AND BEQUESTS. Our Parish has benefited greatly in the past from the thoughtfulness of parishioners who have remembered us in their Wills. Many funded the church's painting, the Organ, Carpet, etc. God bless them for their kindness. Please do consider a legacy to the Church in your Will; it is a tax advantage as a charity. Thank you.

DEEP CLEANING. Thanks to all who volunteer to give our lovely Parish Church & Hall a deep clean. God bless. More hands are needed for the regular cleaning. You and your family/friends can choose the day and time that suits you and do as much as you can. Please speak to Josephine or Tim for access and the tasks tracker. Thanks

THE 50/50 CLUB. New members are always welcome, only £1 per month. Please contact Julie on her email: JMApplegarth@aol.com. All proceeds for Parish funds

GUILD GUEST AFTERNOON. Lockerbie Dryfesdale, Hutton, Corrie & Applegarth Guild invite all to their afternoon of Christmas carols and readings on Tuesday, 16th December at 2 pm in Dryfesdale Church (Hall), Lockerbie. All are welcome. - Vivienne Edwards

LECTIO DIVINA/ BIBLE STUDY - every Tuesday, from 10.45 am in St Teresa's Parish Hall? A cuppa is served at the start; finish at 11.45 am.

PARISH ART GROUP meets every Thursday, from 10.30 am – 12.00 n, in St Teresa's Parish Hall. It is free for all levels- beginners will love it, drawing and enjoying the company of others.

MISSION STAMPS. Thank you for all your used stamps - please keep leaving them in the box at the back of each of our churches! It really does make a difference!

FOOD BANK. Your contributions to this local initiative with the Salvation Army are much appreciated. Please leave items in the box/bag at the back of our church, where our parish SVP collects and delivers your contributions each week.



PRISONERS' FAMILIES CHRISTMAS APPEAL. The Governor, HMP Dumfries, Andrew H. wrote to thank you for your generous donation to the Prison's Common Good Fund. He wrote: "We are deeply appreciative of the ongoing commitment and support that the Parishes in our local community provide to those in custody. This donation will directly contribute to enhancing prisoner events throughout the year, including the Christmas party and other celebrations that bring a sense of hope and community. I would be grateful if you could convey my heartfelt thanks to both Parishes for their continued support and for being such an important part of what we do. Wishing you and your congregations all the very best for the future." - A copy of the letter is on the noticeboard.

CELEBRATION OF CONFIRMATION. Bishop Dougan has announced that the normal practice for the celebration of Confirmation will no longer be before the reception of First Holy Communion (P4). It will be celebrated at a later age. He has yet to decide what that age will be and will enter a process of consultation and discernment over the coming months. He will also publish a fuller explanation of his decision in the coming weeks.

IS GOD CALLING YOU TO PRIESTHOOD? If you sense a vocation to be a Priest and would like support to discern this call, please contact the Diocesan Vocations Director, Fr Stephen McGrattan, at vocations@rcdg.org.uk or 01563 521832.

TIGHTS FOR HAMLIN FISTULA HOSPITAL, Addis Ababa, Ethiopia is grateful for the Tights received. They are needed, so please keep handing them in when you can. The charity also gives each woman a hand-knit blanket on arrival at the hospital. They symbolise the love and care the women receive during their treatment.

2025 ADVENT AND CHRISTMAS DATES

Wednesday, 17th Dec. - 6.30 pm - Ecumenical Carol Service at UAPC, Moffat
Friday 19th Dec. 7.00 pm - Youth Christmas Party - St Teresa's Dumfries
Sunday 21st Dec – 9.30 am – Holy Trinity - Lockerbie Remembrance / 4th Sunday of Advent
Monday 22nd Dec. – 6.00 pm - Carols at Lockerbie Town Hall

ADVENT PENITENTIAL SERVICES

Sat. 13th Dec. - 4.00 pm – (Holy Hour & Reconciliation) St Luke's, Moffat
Monday 15th Dec. – 7.00 pm -Holy Trinity, Lockerbie
Thursday 18th Dec. - 7.00 pm – St Teresa's Dumfries

MASSES OVER CHRISTMAS

WED. 24TH DECEMBER

10.00 am Mass - Holy Trinity, Lockerbie, with Adoration/ Bene at 9.30 am

CHRISTMAS EVE - VIGIL: WED. 24TH DECEMBER

6.00 pm – Mass - St Teresa's Dumfries (Carols from 5.30 pm)
9.00 pm – Mass – St Luke's Moffat

Thursday 25th DECEMBER – CHRISTMAS DAY

9.30 am – Mass – Holy Trinity, Lockerbie
11.30 am – Mass – St Teresa's Dumfries

Thursday 1ST JANUARY – NEW YEAR'S DAY

10.00 am – Mass – Holy Trinity, Lockerbie
12.00 pm – Mass – St Teresa's Dumfries

Mass Intentions are most welcome for these Christmas Masses



CHRISTMAS STAMPS: A woman went to the Post Office to buy stamps for her Christmas cards. "What denomination?" asked the clerk. "Oh, good Heavens! Have we come to this?" said the woman. "Well, give me 20 Catholic stamps for me and 20 Baptist stamps for my husband."

Mass Offering/ Donations
No Cash, No problem
Scan me to make a cashless
donation to the Parish

